

# **UNLOCK GEN AI**

### **5 EVERYDAY USES WITH FREE TOOLS**

Welcome to the age of Generative Al, where some of the coolest digital assistants are right at your fingertips, many completely free! Whether you're cooking up a storm, planning your next outdoor adventure, or trying to create a killer blog post, tools like Perplexity, ChatGPT, and Notebook LM are here to assist. Let's explore how these incredible free tools can transform your everyday tasks into exciting, personalized experiences in just a few clicks.



### PERPLEXITY GENERATES RECIPES FOR RANDOM INGREDIENTS

Imagine opening your fridge to find a random assortment of ingredients—say, chicken, bell peppers, and quinoa. Instead of wondering what to make, you can input these ingredients into Perplexity. It might suggest a tasty stir-fry with a hint of spice, offering step-by-step instructions and tweaks for dietary preferences like gluten-free or low-carb. This approach minimizes food waste and adds variety to your meals.

https://www.perplexity.ai/

#### **RECOMMENDED PROMPT**

"What recipes can I make with chicken, bell peppers, and quinoa? Include gluten-free options."



## PERSONALIZE YOUR STUDY NOTES WITH NOTEBOOK LM

Suppose you've been overwhelmed by notes from a week's worth of biology lectures. By inputting your lecture notes into Notebook LM, it can distill the information into concise summaries and generate flashcards for key concepts like cellular respiration and photosynthesis. This way, you can study more efficiently for your upcoming exam, with information organized and recalled more effectively.

http://notebooklm.google/

#### **RECOMMENDED PROMPT**

"Summarize my biology lecture notes and create flashcards for cellular respiration and photosynthesis."





### CUSTOM OUTDOOR ADVENTURE PLANNING WITH CHATGPT

Picture this: you want to plan a weekend getaway focusing on nature and adventure. By chatting with ChatGPT about your interests —say, hiking, kayaking, and photography—it can craft an itinerary that includes a hike through a scenic trail, a serene kayaking excursion on a local lake, and recommended photo spots for capturing the best sunrise views. This personalized plan matches your pace and adventurous spirit.

https://chatgpt.com/

### **RECOMMENDED PROMPT**

"Plan a weekend adventure with hiking, kayaking, and photography locations in [your area]."



### ASSISTED CONTENT CREATION WITH CHATGPT

Imagine you need to write a blog post about eco-friendly living but are stuck on how to start. By prompting ChatGPT with your main topic, it can generate an outline covering key points like energy-saving tips, sustainable product recommendations, and community initiatives. Use this draft as a foundation, adding your personal touch and insights to create engaging, thoughtful content efficiently.

https://chatgpt.com/

### RECOMMENDED PROMPT

"Create an outline for a blog post about eco-friendly living, including energy-saving tips and sustainable product recommendations."



SUMMER ACTIVITY PLANNING FOR FAMILIES WITH PERPLEXITY

Consider planning a summer schedule for your kids, aged 8 and 12, who have varied interests in art and science. Perplexity can suggest local art workshops and science camps that cater to their interests. With such tailored suggestions, organizing a fun, enriching summer becomes much simpler, ensuring both kids enjoy activities they love, while parents appreciate the ease of planning.

https://www.perplexity.ai/

### RECOMMENDED PROMPT

"Find summer activities for my kids (ages 8 and 12) interested in art and science, including local workshops and camps."

These scenarios illustrate how Perplexity, ChatGPT, and Notebook LM can be seamlessly integrated into your life, enhancing everything from meals and study sessions to adventures and content creation. Discover these free tools today, and bring an exciting, efficient touch to your everyday tasks!



MARK PINTAR

## Ready to elevate your organization's use of GenAl?

Schedule a friendly call today to explore how you can expand your knowledge and adoption of these transformative tools!



